NA is a non-profit fellowship of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean.

NA is not affiliated with any group organizations, religious groups, treatment or medical facilities, or any meeting place. Our groups are self-supporting and pay rent for the use of all meeting locations.



When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all faced the same dilemma. What is there left to do? There seems to be this alternative: either go on the best we can to the bitter ends – jails, institutions or death- or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual -- not religious-program, known as

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# **ASK FOR PHONE NUMBERS**

WRITE THEM BELOW

# **SUGGESTIONS**

DON'T USE - NO MATTER WHAT CALL SOMEONE FIRST

Attend 90 meetings in 90 days Go to meetings (Go early - Stay late)

Avoid people, places and things you used with.

**GET A SPONSOR!** 

KEEP COMING BACK......IT WORKS



# Northshore Area Meeting Schedule

www.nsana.org

# Northshore Area 985-867-1587

Or toll free 1-877-554-8308

P.O. Box 291

Covington, La. 70434

Covingion, La. 70434	
Louisiana Region of Narcotics Anonymous	585-DONT-USE 585-366-8873 www.larna.org
Bayou Recovery Area (Baton Rouge, Gonzales, Morgan City ,Denham Springs, Plaquemine)	225-381-9609 <u>br-na.org</u>
Central Louisiana Area (Alexandria, Pineville, Natchitoches)	318-542-7557 <u>cenlana.org</u>
GBRANA – Greater Baton Rouge Area	225-381-9609
Acadiana Area (Lafayette) <u>www.aascna.org</u>	337-406-1300 & 337-269-7979
Lake Area (Lake Charles)	337-439-5753 <u>lakena.org</u>
Mississippi Gulf Coast Area www.mgcana.org	844-962-4673 www.mrscna.net
New Orleans Area (Orleans parish, La Place, Houma)	504-899-6262 noana.org
North Louisiana Area (Shreveport, Bossier City, Many)	585-366-8873 <u>nlana.net</u>
Unity Area (Kenner, Metairie, St. Rose)	504-889-8840 noana.org
Southern Zonal Forum	www.szfna.org
World Service Organization	818-773-9999 <u>www.na.org</u>

# MONDAY

#### 7 PM - SPIRITUALITY IN THE WILDERNESS

Greensburg United Methodist Church\* 6349 Hwy 10, **Greensburg LA** 

7 PM - BOGALUSA

1918 Ave F, Bogalusa LA

# 7 PM - FREEDOM TO CHANGE (WO)

Women Only - St. Margaret Mary Church\* Evangelization Center, Room A 1050 Robert Blvd, Slidell LA

#### 7 PM - GET REAL NORTHSHORE

St. Timothy Church\* - Room #102 335 Ashbury Dr., **Mandeville LA** 

# 7:30 PM - NEW ATTITUDES

Newcomer Step Study
Peace Evangelical Lutheran Church\*
1320 Gause Blvd W. Slidell LA

# 7:30 PM - LIFETIME

Literature Study
All Saints Episcopal Church\*
250 W Hickory St, **Ponchatoula**, **LA** 

# **TUESDAY**

#### 7 PM - NEW LIFE

1912 Greenlaw St. Franklinton LA

#### 7:30 PM - NEW ATTITUDES

Peace Evangelical Lutheran Church\* 1320 Gause Blvd W, **Slidell LA** 

# 7:30 PM - RISING STAR

The Way Christian Center\* 45418 Durbin Rd., **Hammond, LA** 

# 8 PM - CLEAN-N-SERENE

Back Porch\*

414 N. New Hampshire St, Covington LA

# WEDNESDAY

#### 7 PM - GET REAL NORTHSHORE

Hosanna Lutheran Church\* 2480 Highway 190, Mandeville LA

# 7 PM - WE DO RECOVER

The Church of the Nazarene\* 1449 Fremaux Ave, Slidell LA

# WEDNESDAY (Continued)

### 7 PM - BOGALUSA

1918 Ave F, Bogalusa LA

# 7:30 PM – NEW ATTITUDES

Peace Evangelical Lutheran Church\* 1320 Gause Blvd W. Slidell LA

# **THURSDAY**

### 7 PM - MILLTOWN

Presbyterian Church\*
511 Avenue D, **Bogalusa LA** 

#### 7 PM - SECOND CHANCE GROUP

First United Methodist Church\* 800 Duncan Ave., **Amite LA** 

#### 7 PM - SPIRITUAL NINJAS

The Church of the Nazarene\* 1449 Fremaux Ave, Slidell LA

#### 7:30 PM - LIFETIME

All Saints Episcopal Church\* 250 W Hickory St, **Ponchatoula**, **LA** 

# 7:30 PM - NEW ATTITUDES

Peace Evangelical Lutheran Church\* 1320 Gause Blvd W, Slidell LA

# 8 PM - CLEAN-N-SERENE

Back Porch\*

414 N. New Hampshire St, Covington LA

# **FRIDAY**

#### 7 PM – BOGALUSA

1918 Ave F, Bogalusa LA

#### 7 PM – NEW LIFE

1912 Greenlaw St, Franklinton LA

#### 7:30 PM - NEW ATTITUDES

Peace Evangelical Lutheran Church\* 1320 Gause Blvd W, Slidell LA

#### 7:30 PM - RISING STAR

The Way Christian Center\* 45418 Durbin Rd., **Hammond, LA** 

# **SATURDAY**

#### 7:30 PM - NEW ATTITUDES

Peace Evangelical Lutheran Church\* 1320 Gause Blvd W, Slidell LA

#### 7:30 PM - LIFETIME

All Saints Episcopal Church\* 250 W Hickory St, **Ponchatoula, LA** 

# SUNDAY

#### 12 NOON – CLEAN-N-SERENE

Back Porch\*

414 N. New Hampshire St, Covington LA

# 7 PM - GET REAL NORTHSHORE

Northshore Catholic Center\*
4465 Hwy 190 E. Service Road, Covington LA

#### 7 PM - SPIRITUAL NINJAS

The Church of the Nazarene\* 1449 Fremaux Ave. Slidell LA

#### 7 PM - SERENITY

St. Paul's Lutheran Church\* 707 W Dakota St, **Hammond LA** 

#### 7:30 PM - NEW ATTITUDES

Peace Evangelical Lutheran Church\* 1320 Gause Blvd W, **Slidell LA** 

\*NAME OF INSTITUTION IS LISTED ONLY AS REFERENCE. NA is not affiliated with any institution or organization and pays rent for all meeting spaces.